

King Edwin Primary School

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Dear Parents / Carers,

The Morning Mile is back, it will start on **Tuesday 19th September**. Foundation, KS1 and KS2 can take part in the Morning Mile everyday except Monday's. The event will begin at **8:30am** and finish at **8:50am**. Your child will still be in your care so please stay and support them while they are running. Please do not leave your child unattended. There will be members of staff on the field to keep track of how many laps children are running and to encourage the children throughout their mile.

Children can bring a change of shoes for this event.

To complete the mile your child will need to run **5 laps** around the school field, once completed they will receive a Morning Mile badge. They will need to keep these safe and when they have collected 13 badges they can collect a (half marathon) certificate from myself.

Please ensure your child arrives with enough time for them to complete all their laps.
If the weather is not suitable for running (heavy rain) then the event will not take place.

Last year many children really enjoyed this event. It is a fantastic way for them to exercise with friends and learn about the importance of being healthy.

I look forward to seeing you all at the Morning Mile.

Kind Regards
Miss Farrow (PE Co-ordinator)