

## WADO RYU KARATE

Thursdays, from 26th April 2018  
6pm -7.30pm

Family-friendly traditional Karate  
taught by fully-qualified, experienced  
Instructors.

Learn the life skills Karate teaches,  
improve self-discipline and respect,  
build self-confidence, make new  
friends, get fit, and have fun!  
Adults and children aged 5+ all  
welcome.

£4.50 per class, pay as you train.  
[www.hiddendragon.org.uk](http://www.hiddendragon.org.uk)

King Edwin Primary School,  
Fourth Avenue, Edwinstowe.

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